## **BTTI Winter 2022/23 Zoom Series**





Sunday 5<sup>th</sup> March 2023 10.00am



## Living well in the 21st Century

Eoin MacCuirc has been working in the field of natural health since 1988 after being introduced to Freddie Fox and Bio-Testing, he is currently the president of Bio-Testing and Therapy International. An organisation that was set up by Freddie Fox to inspire, motivate and teach simple and alternative ways to embrace health & wellbeing.

Cost €10.00 / £10.00

**Free to BTTI members** 

with access to Resources and PowerPoint Presentations

**Join Zoom Meeting** 

https://us02web.zoom.us/j/4938094936

Meeting ID: 493 809 4936

This workshop completes the series - we have been looking at the influences that prevent us living to our full potential. With the new year this session may help you focus and become more aware of the challenges you face and where you need to pay attention to make a difference.

Session 3 - The nature of your good health

- How the pandemic has changed the world.
- Toxic Emotions
- Feel good factor Vagus Nerve
- Spring Cleanses
- Organ support

Session 1 Toxins that can influence your health –  $4^{th}$  Dec 2022 Session 2 A shadow on your health –  $29^{th}$  January 2023

Session 3 The nature of your good health – 5<sup>th</sup> March 2023

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