

Reacting impatiently to my diagnosis of mercury poisoning, a medical doctor remarked to a client of mine: "There is a complicated (or sophisticated) blood test for that!" True enough. But anyone who thinks that a blood test is sufficient to establish the presence or not of toxic amounts of mercury (or any other substance) in the body, must be nothing less than a fool.

Urine tests add a further dimension; but these, too are inadequate. Yet, they are the most common tests upon which medical opinion is based when it comes to the question of toxicity in the use of metals in the mouth (for dental treatment) and a host of other chemicals in our food, water, clothing, the air we breathe. It is upon these tests, too, that modern relies for the most part for determining the safety level of preservatives, fungicides, pesticides, insecticides, aerosol propellants (especially the most commonly used fluor-chloro-carbons), anti-perspirants, anti-odorants, air fresheners, hair dyes, hair conditioners, cosmetics of all kinds, and body ornaments.

Undoubtedly, the most controversial of all – and in the view of some of us working in the field of bio-energetic testing (e.g., Dr. Kehoe of Las Vegas), the most dangerous of all, is the use of silver amalgam and other metals in the mouth by dentists. The controversy has waxed and waned for 150 years.

Today there are eminent doctors, dentists and scientists leading the battle against further use of amalgams: e.g., Mr. Jack Levensen (dentist), England. {See 'A Brief History of Amalgams' (ix 83a)}

Dr. Kehoe stated in 1986 that he estimated from 4 years of experience in electro-point diagnostics that 80% or more of the intractable health problems he had dealt with were related to metals in the mouth, especially the use of mercury. With 4 years' experience in the same field of diagnostic, I would estimate somewhat less, but certainly the vast majority of degenerative diseases stem from the use of metals in our mouths and in daily life (e.g., aluminium in anti-perspirants, cobalt in dyes, cosmetics, foundation garments, silver, and copper in ornaments).

Why are blood and urine tests inadequate, and yet so heavily relied upon by modern, sophisticated man? First of all, because of the feasibility and practicality of these tests. Biochemistry has been developed, so it is thought, to the ultimate degree. But, unfortunately, chemical tests on their own, especially if only of the blood and urine, are grossly insufficient.

Toxic amounts of any substance can affect the body not only chemically, but also energetically, i.e., literally physically. For example, by interfering with the nerve signals from nerve ganglia and/or plexus or by simply overloading an organ and thereby throwing it "out of tune." Metals like mercury or cobalt can adhere to the wall of the intestine and disturb the enteric nervous system which controls peristalsis. Metals also tend to get lodged in lymph nodes of the jaw and neck where their molecular magnetic oscillations frequently interfere with nerve signals from nearby ganglia and/or plexus.

The biophysical tests which are necessary to perceive these phenomena are best made through the acupuncture points on the hands, feet, and head with a micro-ammeter (*Galvanometer*), as discovered and developed by Dr R. Voll in Germany since 1953. A less comprehensive and objective, but also less complicated and yet adequate (in most cases) method is the Vega test developed also in Germany, by Dr. Schimmel more recently.

But perhaps the most unfortunate mistake made by so called scientific medical practitioners and researchers with regard to metal toxicology is the belief that the metals are absorbed directly into the bloodstream and

excreted directly by the kidneys. How such an opinion (for it certainly has no scientific proof) can have taken such a hold on the minds of the experts. It is beyond comprehension.

Overlooked is the fact that metals are absorbed mainly by the lymphatics and thence into the bloodstream. Overlooked is the fact that metals, including calcium (hence one type of gallstones) are filtered out of the bloodstream mainly by the liver and then excreted together with bile through the bile ducts into the small intestine.

They finally pass out of the body – if not trapped along the way – with the faeces.

As a matter of fact, metals often do get trapped enroute: in the lymphatics, in the spleen, in the liver, bile system, small and large intestines, and the rectum. If the spleen and/or liver become grossly congested, metals remain in the blood, some pass out through the kidneys, often causing damage on the way or getting blocked there, some may get trapped in the brain barrier or even pass through the brain barrier (e.g., aluminium and lead) and cause severe health problems. For these, scientific medicine can often find no physical cause. Hence, they are deemed to be psychosomatic, and the poor victims are turned over to the even less competent (from the viewpoint of biophysics) psychiatrists. Hence the grossly unproportionate number of people deemed to be mentally ill in Western styled countries compared to with people in most third world countries.

An example of the ultimate folly of sophisticated modern man. Having experienced this for myself, survived and recovered, I can perhaps speak with some competence and authority.

Due to the ignorance and incompetence of modern man in bio-energetic diagnostics, he makes many other drastic blunders. He puts the most dangerous halogen, fluorine, into his drinking water in order to help children to develop more rot-resistance teeth, unaware that simultaneously overloading the kidneys and liver of sick and elderly folk unable to handle even the small amount of extra fluoride in water.

He uses benzoates to preserve the fat in soap for washing the body, unaware that as he uses the soap to cleanse the body, he contaminates the skin. And unless carefully rinsed away, it can poison him.

He commonly uses 3-4 times as much soap powder as he needs to wash his clothing, unaware the washing machine cannot rinse out such large amounts, and his clothes remain contaminated.

Such: Just a few examples of the foolhardiness of modern, sophisticated man.

One of the great accomplishments of modern man is the development of the modern car.

What pride he takes in his automobiles!

What sacrifices he is willing to make in order to own a car – the best within his means. And to maintain his car, He spares no expense to keep it in good repair, properly maintained, bright and shiny. He picks the best mechanics to care for his car and expects them to spot trouble with the mechanics or the electronics of the car long before a breakdown occurs, and in this way avoids the embarrassment and indignity of a breakdown. He will not accept his car back from the garage unless it is properly tuned and tested, ready for the road, ready for the longest journey and highest speeds. Ready for any emergency. Break linings and tyre tread depths properly checked. All signalling equipment and warning lights working. The most appropriate fuel and oils in the tank and sumps.

With his car, modern man will tolerate no nonsense. It is a matter not only of his pride and dignity, but also of his safety and survival. Indeed, he would be foolish to act otherwise.

But, otherwise, he does behave when it comes to caring for his own body.

His body is something he takes for granted. It is something he has always had, something he has literally grown up with. He throws anything into his mouth that is at hand and is delectable.

Toilet time is an embarrassment and must be over in a matter of minutes. His posture is often slovenly, his gait ungainly. Although his body is literally bristling with signs and symptoms of current or impending health problems, most go unrecognised for what they really are, or if recognised, ignored until discomfort or pain becomes too obvious to ignore. And even then, he is too indifferent about his body to study the problem in much depth, quite content to swallow a pill or two to stifle the pain or to calm the nerve. What a fool!

Nor does he fare much better when he goes to consult his doctor about a health problem. Too busy to study the problem in depth, the doctor is also content to prescribe a pain killer, an antibiotic, a tranquilliser, or anything else that will cover up the problem and satisfy his client for the time being. Besides, who would be willing to pay a doctor to take the time really required to tackle a health problem more deeply?

Some x-rays perhaps, or a brief visit to a specialist. Then, perhaps, an operation, followed by some physiotherapy. But as for delving into the depths, analysing the origins and cause of a health problem, correcting it in its very source, eliminating the deeper causes, and preventing further illness from developing while at the same time enabling the body to recover naturally – all this is beyond the intelligence and understanding of modern man.

Though very sophisticated in many things, with regard to understanding and caring for his own body, modern man is still a pitiful fool.

How has such a sorry state of affairs come about?

How much longer will it, and can it, be tolerated?

What a mess of human misery to be healed!

Towards the end of the last century, man finally became aware of the connection between microbes and infective diseases. As a result, he has learned the importance of hygiene in order to prevent unnecessary contamination by bacteria and viruses. In this way, many formerly uncontrollable infective diseases have been conquered or brought under reasonable control in many parts of the world. But in their place, especially in the more developed (civilised?) countries, a host of degenerative diseases have developed instead. For most of these there is still no cure, no great hope for prevention.

The reason for this is that the cause of these diseases is still largely unknown and therefore cannot be prevented or eradicated.

Chronic, degenerative diseases ravage modern man: cancer, cardio-vascular disease, arthritis (both osteo- and rheumatoid) diabetes, etc., etc., with enough diagnostic names and descriptions to fill a lexicon.

Before them, a tidal wave of wretchedness, modern man stands helpless and in despair.

Yes, always searching, experimenting, spending millions, hoping for an answer and a cure. At least for one or the other disease.

When the answers are found, when these diseases become curable and preventable, it will be hailed as a triumph. Future man will then pity modern man for his ignorance and blindness for failing to see and comprehend what to him is now obvious. Very much like modern man pities last century man and beyond for failing so long to recognise the connection between infective diseases and the unseen world of microbes. For failing to see what to him today is most obvious: the need to practice hygiene against infection.

Remarkable and unbelievable as it may appear, I believe that the answer to many of modern man's health problems has already been discovered and help is available, if only modern scientific, sophisticated man opens his eyes and is willing to recognise it.

The answer may be summed up in two words: Chemical Hygiene.

And it is available through discoveries made over the past decades since 1953 by Dr. R. Voll and colleagues working in the field of electro-acupuncture, especially in electro point diagnostics.

By careful, detailed measurement of the energy levels of points related to different organs of the body, their various parts, and to the nerve ganglia and plexus as well as the central nervous system, especially the brain and all its related parts. It is possible not only to study and analyse a health problem, whether acute or chronic, in depth, but also to trace its very origins and identify its causes.

Once the deepest causes of a health problem are identified, it is usually possible to eradicate the and prevent further contamination. Then recovery often becomes possible.

Healing must come from within. External treatment can only enable it and facilitate recovery.

It is quite remarkable that up to the present, no medical faculty in any University in the world, no medical association, no governmental body, has recognised the discoveries of Dr. Voll and their implications for mankind.

Some recognition has been given to him by Medicina Alternativa, a W.H.O. sponsored association. But 1976, Pope Paul VI gave Dr. Voll a special award because of his discoveries and the help they would give towards alleviating the sufferings of mankind.

May modern man, the fool, soon recognise them, too!