

Multiple Sclerosis, Motor Neurone Syndrome, Cerebral Ataxia, Muscular Dystrophy (other than Duchenne's, which is hereditary.)

What a distressing experience it must be to find oneself losing control over the use of one's muscles. How shattering to be told that one is suffering from disease for which there is no known cure and no recovery. Sadly, that has been the experience of millions of people still living in the world today, and many millions more who have already passed away. Lives shattered by disease before which sophisticated modern scientific is powerless.

The key to solving the mystery behind these and many other degenerative diseases was discovered through the genius of a German medical Doctor, **Reinhold Voll** who pursued the discovery made earlier both in Japan and in Austria that acupuncture points are energetically related to the autonomic nervous system, and that the working of the autonomic nervous system can be assessed by measuring electrical resistance of points with an instrument.

Dr. Voll and associates determined objective norms for making these measurements, developed reliable and practical instruments for making them, and then painstakingly established which particular parts of the body various acupuncture points are energetically related to via the autonomic nervous system. Gradually it became clear that if the "reading" of a point is too high or too low it is either because of a fault in the autonomic nervous system itself or because the **organ related to the point is overburdened** with toxic matter. Should such a condition persist for a long time, degeneration is inevitable. Unless the toxic matter is removed and the innervation of the organ corrected, recovery from ensuing disease is impossible.

Many further discoveries have been made – and undoubtedly will be made – by those experienced in "reading" acupuncture points (**E.A.P. – Electro Acupoint Diagnostics**). Through analysis of numerous cases, I have established that every person suffering from multiple sclerosis, upper or lower motor neurone syndrome, cerebral ataxia, muscular dystrophy (in my limited experience) has **an underlying metabolic fault** which make it impossible to use fats properly. Unsaturated fats must be processed to provide building material for the **maintenance of fatty tissue** around the brain, spinal cord, and nerve fibres (meninges, Dural tube and myelin tissue) and raw material for **neurotransmitters**.

The latter are needed to conduct nerve signals from nerve to nerve or nerve to muscle; the former to insulate nerve cells and fibres. A shortage of either will inevitably cause problems with conductance or transmission, i.e., degeneration of the nervous system. Exactly how this degeneration will follow depends upon many other factors such as heredity, occupation, and (undoubtedly) psychological factors. Autoimmune response and virus or bacterial infection are also secondary factors, as these follow naturally where there is degeneration. The primary factor is faulty fat metabolism leading to that degeneration, whether organic or functional.

The key to recovery from the active disease (the wounds may be irreparable) and the key to prevention is manifest: **stop or prevent faulty fat metabolism**.

Faulty Fat Metabolism

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Study of anatomy and physiology make it clear that successful fat metabolism depends primarily upon production of **fat enzymes by the pancreas**. These come under the general heading of **lipase** enzyme. Their production depends upon the blood supply from arteries leading into the pancreas and upon innervation of those arteries, in particular by the autonomic nervous system. By keeping careful records, I have discovered that it is primarily the superior mesenteric plexus, innervating the superior mesenteric artery, that controls the production of the enzymes required for complete metabolism of the unsaturated fatty acids into the raw materials mentioned earlier.

Every M.S., M.N., C.A. and M.D. sufferer in my experience has a low energy reading on the acupuncture point related to the superior mesenteric plexus. Other points related to blood supply to the pancreas may be normal.

I have also discovered that the reason for the low readings is the presence of “toxic” amounts of very sedating substances in the **superior mesenteric lymph nodes** near the plexus. Most common are **silver, fluoride, mercury, and trans fats**. As soon as these are massaged out into the lymph cistern and then up through the thoracic duct into the bloodstream, the reading of the plexus returns to normal. Normal production of the enzymes may not follow automatically. The pancreas itself must be “tuned”. This can be done quickly by stimulating the pancreas with appropriate therapies such as magnetic therapy reflex zone massage, or acupuncture. Then the pancreas will usually within a week produce sufficient enzymes to assure complete metabolism. The client must, however, keep the lymphatic system clear meanwhile with daily exercises.

In order to halt degeneration of the meninges, etc. and ensure neurotransmitter production, the fatty tissue that insulates the nervous system must also be “tuned”. This can be done quickly with **dynamic magnet therapy**, moving the south seeking pole of a magnet up along the spine and over the head 10-15 times once a day for a week or so. Taking some Vitamin B6 (pyridoxine) and PABA (Para-aminobenzoic acid) daily (and carrying some on one’s person) will also help to stimulate the superior mesenteric plexus and keep the meninges “in tune”. Evening primrose oil may also help, once the fat metabolism has been corrected; otherwise, it may not be of much use.

Even though the pancreas has been “tuned” so that it should produce sufficient enzymes, other factors may still cause allergic reaction to various foods, weaken a patient and hinder recovery. Complex proteins and nucleoproteins in **milk, wheat, eggs, red meat, and offal**, trans fats in **margarine** and the **shortening** in baking products, **white sugar** (strong “left swing”, i.e., sedating the nervous system) and **alcohol** may have to be avoided temporarily. Other disturbing factors may be: **silver, copper, and aluminium** in jewellery, **amalgam fillings, gold crowns, cobalt pink colouring** in dentures, **cobalt blue** colouring in jeans, the use of **fabric conditioner** and **excessive soap** powder in laundry. Even taking cod liver oil capsules can be dangerous because of trans fats. Often trial and error are the only way to determine allergens.

But one thing remains clear today: Faulty fat metabolism can be corrected.