

A PRACTICAL PROTOCOL FOR EAP TESTING* ©
AND PHYSIOLOGICAL THERAPY

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The Need: With about 340 acupoints on the hands and feet alone to choose from and all of them vibrating with vital information about the physiological health of the body, a practical system is evidently needed for guiding practitioners to the most basic points and then out along the various routes indicated by them. A practical protocol can be a great time saver and ensure that a client's greatest needs are attended to first, thus assuring a more rapid recovery from illness.

The Procedure:

1. The Hypothalamus: This small, cone-shaped hollow organ in the centre of the head is the master control centre for the physiological state and functioning of the body. If the hypothalamus itself is out of order, there is little point in trying to deal with other problems. The hypothalamus must be given top priority. So, it makes sense to start EAP testing with the acupoint for the hypothalamus just above the attachment of the ear each side of the head. Almost inevitably a high or low reading (above or below 54 on the analogue scale of the measuring device) indicates a focus on the hypothalamus. This means that toxic amounts of some substance are trapped in one or more capillary beds within the wall of the hypothalamus on the side of the bad reading, depriving it of the blood supply necessary to function normally. Or else toxic amounts of some substance are trapped in capillary beds adjacent to the hypothalamus (e.g., in the choroid plexus of a nearby ventricle of the brain) and the molecular magnetic field built up by the substance is interfering with the hypothalamus either by sedating it (lowering the reading) or by stimulating it (and raising the reading). What happens then is that the autonomic nervous system throughout the body is likewise disturbed, since it lies under the control of the hypothalamus. And all the readings for other parts of the body follow suit. If the hypothalamus point reads 70 all points related to other parts of the body on that side will also read 70 unless any part of the body has a problem of its own. If the hypothalamus point reads 40, all other points that side of the body will also read 40 unless any have problems of their own. (In this way other problems are also diagnosable).

High readings indicate hyperactivity. Low readings indicate hypo-activity, If the readings are 30, it may indicate a problem of Chronic Fatigue (e.g., Post Viral Fatigue Syndrome).

The first task in tackling a problem with the hypothalamus will be to identify the substance causing the focus. This will require Substance Testing, using ampule which contain the molecular magnetic antidotes to various substances. The obvious place to look for the offending substance is in the filters of the body: the kidneys, spleen and liver particularly. If any of these are out of step with the hypothalamus one can suspect that they are congested with the offending substance. Testing should then be done on acupoints related to the overloaded filter(s) or on their autonomic innervation points, should any of these be out of par.

If the focus is on the right side, the most likely substances are Fluoride, Carbon (Carbonyl) = CO in carbon black, acetone, steroid hormones), the virus Coxsackie A7 or the yeast spore, Candida Albicans.

If the focus is on the left side, the most likely substances are Mercury, Cobalt, Gold, Sulphur and the virus Coxsackie B4. But any of these substances can affect either side, as often the victim has reversed polarity, in which case toxic substances are attracted to the opposite side of the body.

Metals, viruses, and yeasts usually can be identified in the spleen and/or liver, other substances in the kidneys. Once the correct toxic substances have been identified, their molecular magnetic antidotes should also bring the readings of the hypothalamus back to normal. In this way the accuracy of the substance testing can be verified.

The next task will be to clear the filters. This can usually be done quite simply by using the flat surface of both closed fists to tap the rib cage over the spleen, liver and kidneys for about half a minute. The lungs and heart should also be checked for possible foci with the same or other substances; and then be cleared, if necessary, by similar tapping along the sternum (the bottom part for the heart, the mid-section for the bronchi and lungs); then over the rib cage above the breasts and under the armpits for the lungs. After that it may be necessary to tap the spleen, liver, and kidneys again so that they can handle what has been cleared from the heart and lungs.

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One must make sure, as far as possible, that the way is now clear for the body to handle toxic matter which will enter the circulatory system from the focus which is affecting the hypothalamus.

Now the stage is ready for the most important task: to clear the focus from the hypothalamus. Several methods are available, If the substance is Fluoride, Carbonyl, Sulphur, or perhaps Methyl (from Formaldehyde) it may suffice to polarise the blood by placing a simple ceramic magnet (1,000 – 3,000 Gauss) over the sternum between the breasts, with the negative (i.e. South-Seeking) Pole facing the body, and allowing the blood to and from the heart to pass through the flux of the magnet for 3 – 7 minutes. After 3 minutes, the hypothalamus should be checked to see whether it has already cleared. If not, then check again after 5 minutes. If it has not cleared after a maximum of 7 minutes, remove the magnet, and try another method. (N.B. This simple magnet therapy can likewise be used to clear Fluoride etc. from the filters instead of the tapping. Quite often the hypothalamus will be cleared simultaneously with the filters whichever method is used).

The next method I recommend for clearing foci from the hypothalamus is simply to place the palmar sides of the hands over the carotid arteries both sides of the neck just under the angles of the lower jaw near the ears and then to press firmly, but only momentarily on the arteries, using the tips of the fingers around the back of the neck as a lever. In fact, the client can do this for him or herself, and should be taught to do so for subsequent self-treatment. Several attempts usually suffice to clear the hypothalamus, otherwise another tactic must be used.

The next tactic I recommend is dynamic magnet therapy. Take a ceramic magnet, like the one described above, place the negative pole over the top of the ear and then wave it backwards and forwards about 5 times as well as upwards and downwards about 5 times (or diagonally like a St. Andrew's Cross). The movement of the negative flux through the hypothalamus stimulates the vascular system from different directions, and this often suffices to clear foci from the hypothalamus.

Still another tactic is simply to tap with the palmar end of the wrist over the side of the head just above the ear where the focus is. If that doesn't clear the focus after 2 or 3 attempts, then try tapping the other side of the head, or even the front and the back of the head. The sharp, rapid movement of the head from the right direction usually succeeds where all else has failed.

The ultimate tactic I use is Acuspark stimulation along the deep meridian from Pancreas/Spleen 4 on the inner arch of the foot to the top of the head. Alternatives are Kidney 2 (inner arch) and Bladder 63 (outer arch) to the top of the head. Whether or not one succeeds in clearing the hypothalamus, it is advisable for the patient to use some form of molecular magnetic support to help clear the toxic substance in question out of the body. This can be in the form of homeopathic medicine matching the substance, Mora drops made with a Mora Instrument, or a tape worn on the back with the molecular magnetic antidote to the substance recorded on it. Just the basic, unamplified antidote may suffice if taken hourly or if work constantly. As soon as an improvement is noticed, the antidote should be discontinued. Likewise, if there is deterioration or aggravation.

2. The Meninges and Dural Tube: The next most important points to test after the hypothalamus are those related to the fatty tissue that surrounds the central nervous system and insulates it so that nerve signals can be produced and pass through the system without leakage. The points are located on the proximal end of the second joint on the lateral side of the index finger of each hand (NS 1c), as part of the nervous system vessel discovered by Dr. R. Voll. If the points read 54 (the ideal), it means there is no problem with faulty fat metabolism sufficient to interfere with the production of the fatty acids and other raw materials required for the maintenance of the meninges and dural tube (including myelin tissue) and for the smooth conduction of nerve signals. However, if one or both readings are off, it means there is a fault. Then the most urgent task on hand will be to trace the cause of the fault, correct it and re-tune the meninges, etc.

The fact that there is a fault with fat metabolism can be confirmed by measuring the point for fat metabolism on the pancreas meridian on the medial side of the right foot (Pn4). It can also be confirmed by measuring the point for the superior mesenteric plexus on the first joint of the lateral side of the little finger of the right hand (Si.1a).

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This is also the point on which testing must be done to identify the substance that is interfering with the autonomic innervations of the pancreas. The most common substances are: silver, mercury, fluoride, formaldehyde and aluminium. They are located in the superior mesenteric lymph nodes adjacent to the plexus.

The next task will be to remove the offending substance. After checking and if necessary, clearing the filters and the lymph cistern or junction, the superior mesenteric nodes can be cleared by massaging deeply with the thenar of the thumb of either hand from the edge of the rib cage just below the right breast down towards the navel. This may have to be done repeatedly until the nodes are finally cleared.

Next, the lymph cistern or junction should also be cleared (as above) by pushing out the abdomen and then holding it out while breathing in deeply and holding the breath a few moments. Repeat twice. The heart and lungs should then be tested and if need be, cleared of whatever may get stuck there enroute to the filters. Finally, the filters should be tapped or massaged again to help them deal with the toxic substance in question.

As a further precaution, the lymph drainage of the right lung (Ly 4) and of the lymphatics which drain the back and front of the chest (Organ 1d and 2 on the medial side of the fourth finger of the right hand) should also be checked and cleared. Toxic matter sometimes passes from these lymphatics into the mesenteric nodes, and their clearance may forestall further problems with the latter and the consequent faulty fat metabolism. But it may be necessary to clear the mesenteric nodes again immediately after the others, especially the lung nodes located in the intercostals spaces 6 and 7 on the side of the rib cage. In fact, the lung nodes are cleared precisely by massaging along the intercostals spaces towards the edge of the rib cage and the superior mesenteric nodes enroute to the lymph cistern. One must always make sure that all the toxic matter reaches the cistern and then is pumped up into the bloodstream via the thoracic duct. Thence through the heart and lungs into general circulation and eventually to the filters. After checking that the superior mesenteric plexus is functioning normally, i.e., that autonomic innervation of the pancreas has been corrected, the next task will be to tune the pancreas. This can be done quite easily by moving a ceramic magnet, negative or south-seeking pole facing the body, briskly up along the front of the body over the aorta between 10 and 15 times. Then check Pn 4 to confirm that the fat metabolism function reads 54. This ensures the tactic has worked.

Now the stage is set for re-tuning the meninges, etc. The extent of the need for so doing can be checked on the fat vessels located on the medial sides of the fourth toes and metatarsals. There are points for the lower and upper spine, the neck and the head. Tuning can be done by running the negative pole of the magnet briskly over the areas of need 15 times. The head must be done in stages, e.g., over the top, then along the sides in 2 or 3 stages. If successful, all the fat points will return to normal. Then the meninges, too, will read 54, and the patient will be very pleased and relieved at the same time.

To give further support and to speed the production of sufficient enzymes for complete fat metabolism with consequent mending and maintenance of the meninges, a Vitamin B6 (Pyridoxine) tablet should be taped on the client's back along with a PABA tablet (PABA = Para aminobenzoic acid; one of the Vitamin B family) to help keep the meninges in tune. These should be worn for at least a week or two; and then the meninges should be tested sometime after their removal. The client must meanwhile repeat the lymph drainage exercises for the lymph cistern and superior mesenteric nodes daily most conscientiously. Usually, one treatment suffices to get fat metabolism under control, provided the client co-operates intelligently.

3. The Autonomic Nervous System: If measurement of the summation point for the ANS (NS1a) on either hand is off even after the correction of the superior mesenteric plexus, the next most urgent task should evidently be to trace the fault(s) and correct them. Since the cervical ganglia (plexus) are most vulnerable, check their related acupoints first. They are located on the lateral sides of the first joints of the index fingers. Any faults related to circulation of the blood and to metabolic functions of the pancreas deserve prior attention. The points for the circulation are Ci 8e for the cardiac ganglia on the right hand (first joint, medial side of middle finger), and for the thoracic aortic plexus on the left hand. (The latter also controls nucleoprotein (uric acid) metabolism via the pancreas). Then Ci 7a for the coronary plexus (mid wrist); Ht. 8e for the cardiac plexus (first joint, medial side of the little finger); Ci 8c for the abdominal aortic plexus (proximal to the second joint on the medial side of the third finger).

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The abdominal pair of plexuses also control carbohydrate metabolism via the pancreas and the production of insulin and glucagon by the Islets of Langerhans. There remain two additional points for innervation of the pancreas; St. 44c (on the lateral side of the first joint of the second toe of each foot) for protein metabolism. All these ganglia and plexus should be cleared with appropriate exercises Cf. Lymph Drainage Techniques and the pancreas tuned, if necessary, to restore healthy circulation of the blood and adequate pancreatic functioning.

4. The Brain Stem: This should be the area of next concern. It consists of three parts: the medulla oblongata (respiration, blood pressure, cranial nerves), the pons (cranial nerves and muscle co-ordination) and the mid-brain (sight, hearing, emotional buoyance). If there is a focus on the brain stem (most likely in the capillary bed of the choroid plexus of the 4th ventricle just behind the brain stem) the most common problems are with co-ordination of arm and leg movements, with one or more cranial nerves, and with depression. (For depression also check Gv.17 the "depression point"). Awkwardness, clumsiness, tendency to drop things, miss one's hold, or easily sprain one's ankle are signs of a focus on the brain stem. The substance involved should first be identified. Most common are mercury, cobalt, nickel, silver, calcium, Coxsackie B4, Candida Albicans, glycerol, lead, benzene and sulphur.

The pineal gland should also be checked, as often the substance derives from that area, and it may still be affecting the pineal also. The acupoint for the pineal (and pituitary) gland is End.3 on the medial side of the proximal epicondyle (where the shaft of a bone begins to curve out near the end) of the fourth metacarpal of the hand. To clear the focus, cup the hands around the sides of the neck and compress the vertebral arteries several times with the tips of the fingers. If that fails, try rapid movement of the magnet along the side of the head behind the ears. Otherwise lightly thump the area with the palmar base of the wrist, first the mastoid bone behind the ear, then behind the mid-ear, behind the upper ear and over the top of the ear. Then repeat, but in reverse order. Only rarely will it be necessary to use a further tactic, such as Acuspark stimulation, to clear a focus from the brain stem and from the pineal gland.

A Remarkable Phenomenon: It is very interesting to note that toxic substances that form foci in the area of the pineal gland often move down the brain stem bit by bit, first affecting the depression point (mid-brain) then the co-ordination* of muscles (pons) and finally the cranial nerves and blood pressure (medulla). *To test muscle co-ordination, simply hold out one foot at a time and rotate it by the ankle. As one muscle contracts, the exact opposite muscle must relax. This is controlled by the cerebellum, but the signals may be affected by a focus in the pons. Jerky movements result. Compare after clearance of the brain stem.

Such foci may continue to occur even though at present all the points read normal. It seems as though toxic matter that is trapped outside the actual capillaries of the choroid plexus in the ventricles of the brain, i.e., in the mass of cells that secrete cerebral fluid into the hollow parts of the ventricles, it does not necessarily register on the acupuncture points we use. Actually, the brain barrier consists of epithelial cells that form the outside cover or cortex of the choroid plexus, and through which large molecules which actually slip through the walls of the capillaries are prevented from entering the cerebral fluid. When these large molecules re-enter the capillaries and get stuck in the capillary bed which has some form of innervation, they register on the acupoints, and the focus can be detected. This may continue to happen for many months as the filters of the brain continue to detoxify. The toxins may have been trapped in the body of the choroid plexus for many years, from previous over exposure to various substances including heavy metals, bacteria, viruses, yeast spores and various chemicals. (Cf. Detoxifying the Brain). A persistent problem may require cranial adjustments (osteopathic) to improve circulation through the ventricles.

The Pituitary Gland: Acupoint End.3 is energetically related to both the pineal and the pituitary gland. Instead of using acupoints on the head to distinguish whether an abnormal reading pertains to one or the other, or indeed to the anterior or the posterior lobe of the pituitary gland, one can make the distinction quite simply by using the negative pole of a ceramic magnet of the glands.

To test the pineal gland, place the magnet just behind the upper part of the ear. To test the posterior lobe of the pituitary, place the magnet on the upper part of the ear. To test the anterior lobe, place the magnet just in front of the upper part of the ear. It seems ridiculously simple and naive: but it works.

If the focus is in the posterior lobe, the client will most likely have a problem with urine volume, since the production of anti-diuretic hormone is affected.

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If the focus is in the anterior lobe, the thyroid gland point will be affected (Acupoint End. 2 on the distal end of the medial side of the fourth metacarpal), because of a change in the release of thyroid stimulating hormone. After testing to identify the cause of the focus, the pituitary gland can be cleared in the same way as the hypothalamus, described above. I always begin by pressing lightly on the carotid arteries, and then resorting to the magnet (dynamic or pulsating sweeps across the area) and finally light percussion with the palmar end of the wrist. Because of the vital role the pituitary gland plays in endocrine system (hormone production), and foci should be cleared immediately after the brain stem and pineal gland have been attended to. As usual, all the precautions regarding the heart, lungs and filters should be taken.

The cranial nerves: All but two of the twelve pairs of cranial nerves are closely linked with the brain stem, and the acupoints related to them (NS 4 on the lateral side of the proximal epicondyle of the second metacarpal of each hand) frequently clear up as soon as the brain stem is cleared. The most common cranial nerve pair to develop troubles of its own is the accessory nerve located on the vertebral artery either side of the back of the neck. The most common substances to burden these nerves are: sulphur and formaldehyde (Methyl ion) from shampoo and metals from earrings, trapped it appears, in lymphatics just over the nerves. The toxins can easily be massaged out with the hand, right down into the bloodstream through the lymph drainage points just behind the collar bones each side of the neck. Sometimes the Vagus nerve is also affected by toxins in the lymphatics of the neck, and these can be massaged out in the same way. Other times the trigeminal nerve is affected just in front of the ear, or one of the nerves to the eye in the temple areas. Here, too, massage is most appropriate. Sometimes magnetic combing works better to clear the temple areas. With the negative (south-seeking) pole facing the body, move the magnet slowly down the side of the face from the temple straight down to the lymph drainage point. Repeat 15-20 times. It may still be necessary then to massage out lymph nodes under the jaw and in the neck where some of the toxic matter usually gets trapped, but the cranial nerve reading usually clears up all right. Magnetic combing is also most appropriate when the olfactory nerves are off. To determine which cranial nerves are actually in need of clearance, simply place the negative pole of the magnetic over the areas where trouble is suspected and test Acupoint NS 4. If the magnet is over a nerve that is affected, the reading will go back to normal.

The cranial parasympathetic nerve ganglia: There are 4 pairs. The submandibular ganglia each side of the lower jaw near the molar teeth are the most vulnerable. They are often affected by metals from the mouth. As they control salivary production and even the tension of the eardrums, they should be carefully massaged out and down the neck to the drainage points. The otic ganglia in front of the tragus of the ear also affects the eardrum and saliva production. The pterygopalatine ganglia, slightly more forward innervate glands in the nose and sinuses. The faulty ganglia can also be detected with a magnet and then cleared by massage. Usually overlooked, they are really very important.

The limbic system: The acupoint is Gv. 23-2 above the top of the nose where the forehead slopes outward between the ends of the eyebrows. The limbic system consists of organs around the hypothalamus such as the amygdale, the hippocampus and cingulated gyrus. They control mood, emotion, motives, and formation of new memories, and all these can be adversely affected by foci in the area. They can vary from phobias and anxieties to sudden arousal of anger along with the urge to be violent. Changes can occur so dramatically that one may be classified schizophrenic. Memory may be so affected as to resemble senility. It is most important to identify the offending substance and clear it out.

Formaldehyde (the methyl ion) seems to be the most frequent offender. Then fluoride (often characterized by violence), carbon (carbonyl ion) and silver. These appear to be trapped in the lateral ventricle, especially the right one. They can usually be cleared out within 3 – 5 minutes by holding the magnet over the heart and polarizing the blood, or by tilting the head to the side and gently percussing the temple gently with the palmar end of the wrist. The client must be taught to do this as well, because the focus may keep re-occurring for some time, especially in the case of silver or other metal.

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The lumbar and thoracic spine: The acupoints are NS 1 (the terminal point near the fingernail of the index finger, lateral side) and NS 2 (on the epicondyle at the base of the index finger, lateral side). Both indicate pressure on the spinal cord or spinal nerves due usually to spasms related to internal organs. The organs related to NS 2 are the lungs, heart and the thymus and these should all be checked. The point for the thymus is End. 2 (shared with the thyroid and parathyroid glands and located on the lateral side of the distal epicondyle of the fourth metacarpal of each hand). The thymus can easily be tested by holding a magnet over it (upper sternum). It is common for mercury, cobalt, silver or nickel to migrate into the thymus from fillings in the teeth and dentures. Viruses, bacteria and Candida spores frequently also settle there after infection. Since these toxins affect the production of T cells, and thus the immune system, it is of paramount importance to massage them out. The route is short: first into parasternal lymph nodes and then into the drainage points. The Acuspark is very useful for clearing the thymus quickly.

Depending upon the magnitude of the problem in the abdomen, NS 1 may be left for the time being while more urgent matters are attended to. Most likely, the problem will be with the gastro-intestinal tract or the bladder, since the spleen liver, bile system, kidneys and the pancreas will already have been attended to at this stage.

The endocrine system: The pineal and pituitary glands as well as the thymus will already have been serviced. The thyroid and parathyroid deserve attention next, as they are the main factors in calcium metabolism, with faults leading to osteo-arthritis, osteoporosis, vascular sclerosis, gallstones. Usually, it is the autonomic innervations from the cervical ganglia to the glands (medial to the thyroid, lower to the parathyroid) which has to be corrected. Toxic substances build up in the deep lymph nodes along the sternomastoid muscles and affect the ganglia with their molecular magnetic fields. Mercury, silver, nickel, cobalt and acrylate from dental fillings and dentures, gold etc. from earrings and necklaces, formaldehyde, sulphur, aluminium, cadmium from shampoo and cosmetics are the most frequent offenders. They must simply be massaged out down into the lymph drainage points. Then the glands must be tuned.

I find the magnet very effective. Run the negative flux of the magnet back quickly across the glands to one side of the neck 10 – 15 times, and then to the other side of the neck 10 – 15 times also. The client should be taught to massage out the sides of the neck each day (Cf. Lymph Drainage Techniques 1). It takes only half a minute.

Next, the points for the adrenal glands and the gonads should be checked. The points are End. 1, the terminal points near the fingernail on the lateral sides of the fourth fingers. Since these glands are controlled by the pituitary, they may return to normal as soon as the pituitary is corrected (like the thyroid); but usually they require special treatment. One can easily determine which of the two glands is off simply by placing the negative flux of a magnet over each of them consecutively. The adrenals are innervated by the suprarenal plexus (Ki.1b on the medial side of the distal epicondyle of the fifth metacarpal) and this should be checked, too. If it is off, it means there is lymphatic congestion in the area of the lymph cistern, and this must be cleared (cf. Lymph Drainage technique 4) plus some extra massage just below the sternum to drain adjacent lymph nodes into the cistern. Then up through the thoracic duct by again pushing out the abdomen and holding it out while breathing in deeply. If the adrenals require stimulation, it can be done quickly by moving the negative flux of the magnet through the area, about 10 times. Movement is up along the aorta.

If an ovary is out of tune, it may be for either of two reasons:

- 1) the ovarian plexus is affected by substances in abdominal lymphatics (in which case they should be cleared out by deep massage up the middle of the abdomen); or
- 2) some substance is trapped on the wall of the intestine right by the ovary (in which case it must be cleared out by deep massage directly over the ovary).

In the latter case, the enteric nervous system is usually affected as well, and it is a good idea to test the enteric nervous system now and identify any offending substance via the acupoints St.36 (in the hollow lateral to the upper part of the shin where the fibula meets the tibia) and Extra Point 53 (3 finger widths lower). St. 36 is related to the upper abdomen; EP 53 to the lower abdomen.

Remarkably, and important to keep in mind, the enteric nervous system is related energetically to the Temporo-mandibular-joints (TMJs), and in treating TMJ problems, such as clicks due to calcium deposits, it is necessary to clear up the enteric nervous system as well as to treat calcium metabolism.

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If a testicle is at fault, it generally means that some substance is trapped in the capillary bed, and this can usually be massaged out quite quickly by the client himself. Mercury and cobalt seem to be the main culprits in these cases. With women, nickel and Candida Albicans most frequently sedate the ovaries - trapped, most likely, on the intestinal wall in the "shadow" of where the ovary indent the intestine. This appears to be a common cause of premenstrual syndrome (PMS) due to interference with the production of progesterone after ovulation, and also of Candidiasis. Daily massage may be of help.

The Islets of Langerhans have already been dealt with. The remaining organs of the Endocrine system are the Mammary Glands. The acupoint is End Id, on the lateral side of the proximal end of the second joint of the ring finger. Since the stomach meridian passes longitudinally through the breast and a secondary line of the meridian passes along the medial side of each breast, metals from the mouth frequently get trapped in the mammary gland as they migrate down the meridians. Aluminium from antiperspirants applied in the armpits frequently also affects the breasts by blocking the lymphatic drainage. Finally, chemicals sometimes are absorbed from the small intestine up into the mammary glands. That is how mercury and benzoates, for example, get into mothers' milk and affect nursing babies. Clearance of the mammary glands is most complicated. * When carcinogens such as cobalt and nickel are involved, special precautions must be taken. Suspicious lumps should be avoided. Use reflex zones instead (Cf. Lymph Drainage Techniques No. 14). Great care must be taken to prevent complications with lung drainage as well as fat and uric acid metabolism.

Next, the Gastro-Intestinal (GI) Tract should be attended to. The lower part of the enteric nervous system (the millions of nerve cells within the lining of the intestine responsible for rhythmic contraction or peristalsis) has already been dealt with. Problems with the upper part usually occur above each side of the navel. The whole area from an inch or so each side of the navel up to the rib cage has to be massaged out to clear the ENS. Treat Candidiasis here. The most frequent causes of stomach problems are mercury, bits of amalgam, flakes of gold, from metals in the mouth, salicylic acid from aspirin, benzoate from preservatives. The most important acupoints are for the pit of the stomach and the pylorus (St. 43 on the lateral side of the proximal epicondyle of the second metatarsal of the right foot; and St. 45, the terminal point on the lateral side of the second toe of the right foot. Foci can be removed by drinking a glass of water, massaging the stomach until the water can be heard gurgling, and then lying on the right side for several minutes to allow time for the substance to drain out into the duodenum. There it usually causes a spasm, and this can be checked by massaging the webbing between the thumb and forefinger of the right hand and feeling for a spasm there. The two spasms form simultaneously. If the correct magnetic antidote is then applied to the body, the spasm in the webbing dissolves in a few moments, but comes back as soon as the antidote is withdrawn. This is a very practical and convincing test that metals, etc. actually do cause problems because of their molecular magnetic fields, and also that homeopathic medicine (molecular magnetic) does work, if correctly chosen. And since my antidotes are recorded on magnetic tape, this test also demonstrates that homeopathic antidotes can be recorded on magnetic tape. This I can do with the Mora (Morell/Rasche) instrument.

Spasms in the descending duodenum (Acupoint Si 3 on the lateral side of the distal epicondyle of the fifth metacarpal on the right hand) frequently occur also when mercury, calcium, glycerol or perhaps some other substance exit from the common bile duct. Sometimes a virus, such as Coxsackie B4 also gets stuck here, attached, perhaps to the lymphoid tissue the duodenal Papilla (Papilla Vateri) that guards the exit of the duct.