

## Sister Lydwina CP 6<sup>th</sup> June 1934 – 15<sup>th</sup> April 2024 Vice- President BTTI From 2002 to 2024



It is with deep sadness and heavy heart that I inform you of the death of our Vice-chairperson and friend, Sr Lydwina who passed away on 15<sup>th</sup> April 2024. Lydwina passed away peacefully at her home, Cross and Passion Convent (Villa Pacis), Glen Road, Belfast.

Lydwina, qualified in the therapy in 1991 and was an active therapist until her retirement. She was also a long-standing member of the committee and from the beginning she was very passionate about spreading Freddies's teaching, being instrumental in bringing Freddie and the therapy to the North.

Any job Lydwina undertook for the organisation was done to perfection – a prime example being her hand chart drawings depicting the Voll acupuncture points – a great aid for us all.



What we have done for ourselves alone dies with us. What we have done for friends, family & loved ones remains in their hearts and is immortal... Albert Pike

Her fun loving, spirit of generosity, laughter, and music will be dearly missed by all.

Testament to a life well lived!



Hopefully, you have your own happy memories of Lydwina, I know I have many... In honour of Lydwina we are going to plant a shrub in her memory.

You may wish to remember her occasionally in your thoughts & prayers.

Warmest Regards

Christina Benson
On behalf of the BTTI Committee