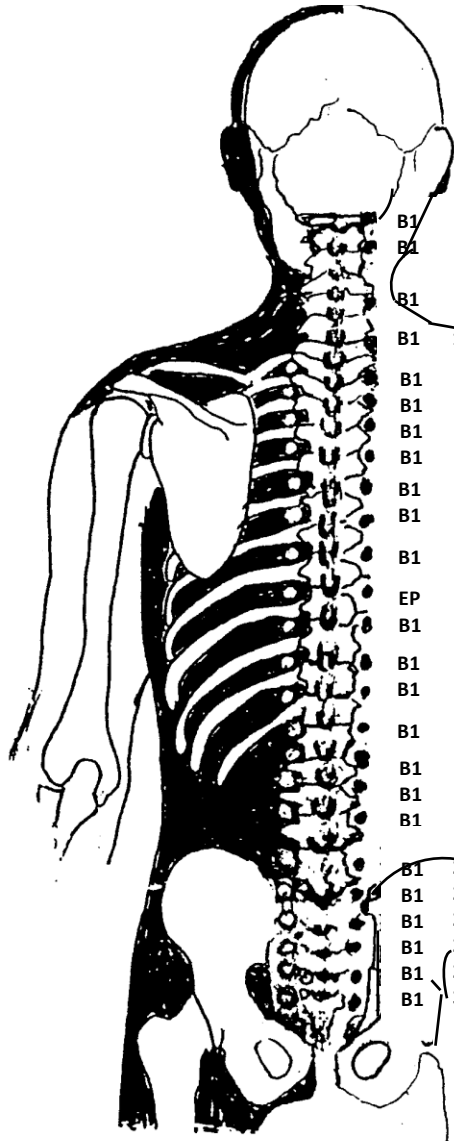


DIAGNOSTIC GUIDE POINTS

**THE ASSOCIATED POINTS
(Yu points)**

Spinal Problems are often related to functional problems with the internal organs of the body.



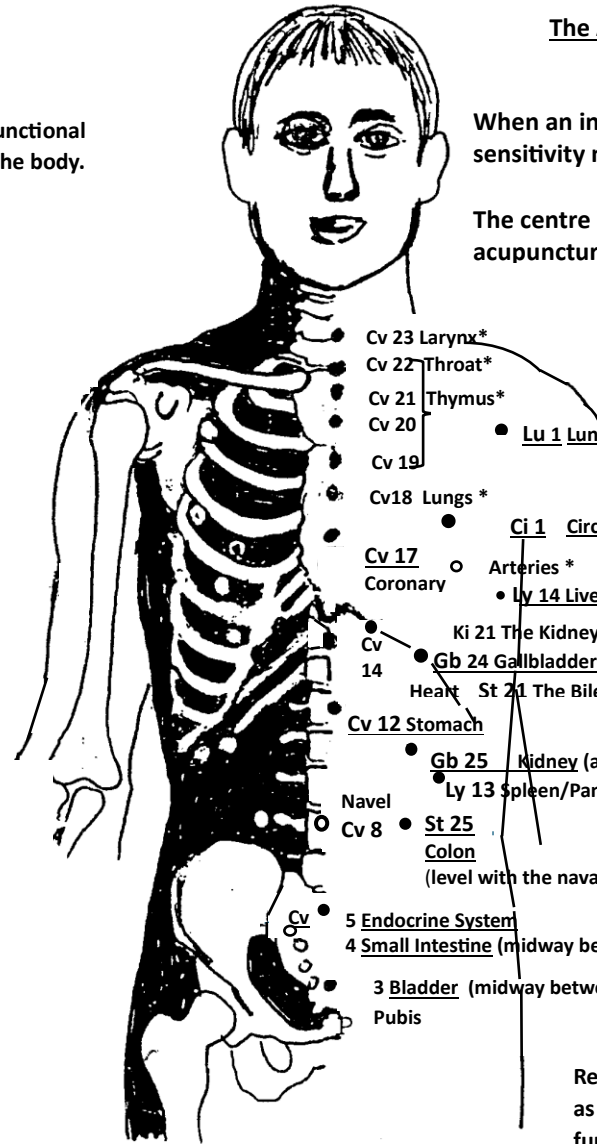
- B1 10 Medulla Oblongata (EAV -Dr. Voll)
- B1 10a Cranial Sympathetics (EAV)
- B1 10b The Thyroid Gland*
- B1 10c The Parathyroid Gland*
- B1 11 (1st Intercostal Space) Arms*
- B1 12 (2nd I.S.) Thymus*
- B1 13 (3rd I.S.) Lung
- B1 14 (4th I.S.) Circulation
- B1 15 (5th I.S.) Heart
- B1 16 (6th I.S.) Blood*
- B1 17 (7th I.S.) Diaphragm
- EP 34 (8th I.S) Breast*
- B1 18 (9th I.S.) Liver
- B1 19 (10th I.S) Gallbladder (Bile)
- B1 20 (11th I.S) Spleen/Pancreas
- B1 21 (12th I.S) Stomach
- B1 22 (L 1-2) Adrenal Gland
- B1 23 (L 2-3) Kidney
- B1 24 (L 3-4) Enteric Nervous System*
- B1 25 (L4-5) Colon
- B1 26 (L5-S) The Sciatic Nerve*
- B1 27 (S 1-2) Small Intestine
- B1 28 (S 2-3) Urinary Bladder
- B1 29 (S 3-4) Inferior Hypogastric Plexus*
- B1 30 (S 4-5) Sphincters of the Rectum and Bladder

Internal organs of the body which are energetically associated with problem areas of the spine should be checked and, if necessary, treated as well. Otherwise, recovery from spinal problems may be impossible.

**The ALARM POINTS
(Mu points)**

When an internal organ malfunctions, areas of pain or sensitivity may develop in frontal parts of the body.

The centre of pain or sensitivity may be an acupuncture point, the "alarm" point.



- Cv 23 Larynx*
- Cv 22 Throat*
- Cv 21 Thymus*
- Cv 20 • Lu 1 Lung
- Cv 19
- Cv18 Lungs *
- Ci 1 Circulation
- Cv 17 Arteries *
- Coronary • Ly 14 Liver
- Ki 21 The Kidney*
- Cv 14 • Gb 24 Gallbladder (Bile Function)
- Heart • St 21 The Bile Function*
- Cv 12 Stomach
- Gb 25 Kidney (at the end of 12th rib around the back of the body)
- Ly 13 Spleen/Pancreas (at the end of the 11th rib)
- Navel • St 25 Colon
(level with the navel and 4 fingers to the side)
- Cv 8 • St 25 Colon
- 5 Endocrine System
- 4 Small Intestine (midway between navel and pubis)
- 3 Bladder (midway between pubis and CV4)
- Pubis

Relief from the main pain and sensitivity as well as improvement in organ function may be possible by treating the alarm point.

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