

**Getting to the Heart of the Matter**

1. There is a serious problem which is common to both, conventional and alternative approaches to disease. It is the inability to analyse in sufficient depth the physical causes of mental, emotional, and bodily disorders. More particularly, there is a problem in identifying certain physiological faults and their causes. Most doctors and therapists can do little, if anything, to identify the really deep and basic causes of disease, such as primary faults in the autonomic nervous system, the enteric nervous system, the limbic system. Yet these can lead to serious degenerative diseases such as arthritis and schizophrenia. And since the faults themselves go unrecognised, the causes of the faults such as local overloading of the vascular (capillary) and lymphatic systems with toxic substances also go unnoticed. Then the toxic substances themselves - even dangerous carcinogens - may go unidentified. "Cures" for diseases are usually sought from outside the body, mainly in chemicals (drugs, herbs, nutrients) or through the mind (psychiatry). However, there can be no "cure" from the outside. Healing must come from within. It can happen only if the underlying physiological faults are first corrected. This is the natural approach. This is natural healing.

2. The reason for the present patently inadequate approach to disease is that modern medical man has persistently failed to recognize the existence and importance of acupuncture points on the body. An energy relationship between acupuncture points and internal organs and functions of the body has been recognized and used clinically for over 2000 years in the Far East and the Indian subcontinent. During the latter half of the 20th century the practice of acupuncture has also spread in the West and met with considerable clinical success. But western scientists and physicians have persistently failed to take the phenomena behind acupuncture seriously and to initiate deep research. The phenomena of acupuncture simply lie outside the limited parameters of conventional science. [The alleviation of pain through acupuncture is an exception. This received widespread recognition and was well researched after the publicity given to it through Richard Nixon's state visit to China in 1972. Now it is recognized that acupuncture can stimulate the production of natural endorphins within the body, and it is these that relieve pain.] Much the same also holds true of homoeopathy, even in the UK where it is officially available within the National Health Service. The success of acupuncture and homoeopathy is usually and conveniently attributed to placebo.

3. Behind the scenes, however, the situation has changed dramatically.

In 1953 a German medical doctor, Reinhold Voll, seriously took up a physical phenomenon that had recently been discovered in Japan and Austria; viz. that the electrical resistance of acupuncture points changes when a person becomes ill. Through lengthy and meticulous experimentation, in close collaboration with engineers Siegfried Wittmann and H. Pitterling, and medical colleagues such as Franz Morell, Dr Voll discovered the following:

- 1) It is possible to measure extremely small changes in the energy level of acupuncture points objectively with an electrical device.
- 2) These changes happen because of an energy relationship between the points and specific parts of the body which are diseased or otherwise deficient in energy.
- 3) The progress of disease can be gauged by the amount and direction of change in the points related to the affected parts.
- 4) Each point is consistently related to a distinct organ, part of an organ or to a physiological function in the body.
- 5) The points on the hands and feet give vital and comprehensive information about all the organs and systems of the body. Thus, they provide a convenient mini base for acupoint diagnostics.
- 6) Through points on the head one can test the brain in detail (the cerebrum and cerebral fluid, the cerebellum, brainstem, limbic system, and the control centres of the endocrine and autonomic nervous systems).

- 7) Organs and functions of the body can be energized or sedated by stimulating or sedating related acupuncture points electrically.
- 8) Organs and functions of the body can likewise be significantly energized or sedated by the application of homoeopathic nosodes and remedies to the body (even by merely touching or holding them).
- 9) Appropriate homoeopathic remedies can be identified by their effect on points related to specific health problems and can then be used effectively for therapy.
- 10) Disease factors such as heavy metals, chemicals, microbes, and allergens can be identified by testing affected points with the homoeopathic nosodes that correspond exactly to the toxic substances.

4. These 10 wonderful discoveries make possible:

- 1) Precise identification of the physiological faults that underlie diseases (Physiological diagnostics).
- 2) Detailed identification of physical disease factors (Clinical Ecology and Microbiology).
- 3) Intelligent handling of disease factors and Physiological therapy.
- 4) Rapid identification of appropriate homeopathic remedies, both for cleansing and for constitutional support (Immunotherapy).
- 5) Objective dowsing to work out detailed programmes for self-help with homoeopathy and other form of therapy (Education).

5. Dr Voll's key discoveries provide the basis for a unique approach to disease and a unique form of therapy. They open the way to the very heart of disease. They provide a powerful aid to self-healing and offer the possibility of recovery from otherwise incurable diseases.

6. My own contribution has been to discover that:

1. Acupuncture points can be tested without instruments. The testee need but touch a point with a fingertip while the tester checks the reaction of the transverse muscle in the webbing of either hand. If the muscle is soft and relaxed before a point is touched but shortens and thickens (by going into spasm) as soon as the point is touched, it means that the point is out of tune. This is an immune system reflex. \* If there already is a spasm in the muscle before a point is touched, it means there is some toxic substance in or next to the duodenum. This must first be cleared. \*  
\*See separate article: Fingertip Testing of Acupuncture Points (i) p11
2. Homoeopathic nosodes and remedies (for identifying toxic substances and appropriate remedies) can now be tested by checking their effect on the spasm in the webbing of the hand. \*\* while still touching an out-of-tune point, the testee must simultaneously touch a group of nosodes or remedies (up to 10 at a time with the side of the free hand) until one is found that lessens or resolves the spasm. Then test the nosodes or remedies of the group singly to isolate the correct one. Its identity is on the label. \*\* See separate articles: Homeopathic Prescribing via an Immune System Reflex (iv) p58  
\*\* See separate articles: Homeopathic Prescribing via an Immune System Reflex (iv) p58
3. The most common disease factors can be reduced to about 60 chemical and 60 microbial nosodes: the homoeopathic remedies, to another 60. These can all 'be kept in small vials.  
(I provide them in 3 convenient kits)

7. Conclusion: These discoveries open vast possibilities. They offer an intelligible and effective approach to health problems of all kinds. They can help to make good health available to all mankind by the year 2000. [The author offers Basic, Intermediate and Advanced 30-hour Courses in this Unique Clinical Approach to Disease. Write for further information]