(iv) 102

## SHORT CUTS VIA THE AUTONOMIC NERVOUS SYSTEM ACUPUNCTURE POINTS

(Copenhagen Medicina Alternative Symposium 30-8-85)

© F.J. Fox B.A. 21Halewood Road, Liverpool L25 3PH

- 1. <u>If you took your car to a garage</u> and the mechanic said to you "Sorry, Sir or Madame, I can only check and service the mechanics of your car, not the electronics" I am sure you would soon decide that you must take your car to different garage where they could *check* and service the electronics as well as the mechanics.
- 2. The <u>great advantage of electro-acupuncture and Mora Therapy</u> is that they open up new ways of <u>testing and treating</u> the electronics of the human body.
- 3. It seems to me that established western medical practice desperately needs a comprehensive and detailed way of testing and treating the electronics of the human body and <a href="mailto:should welcome">should welcome</a> EAV (Electro acupuncture according to Voll) Homeopathy, Mora Colour, Indumed, Laser and other therapies as <a href="COMPLIMENTARY">COMPLIMENTARY</a>.
- 4. Although all the acupuncture points are related to the nervous system, i.e. the electronics of the human body, and change in the electrical potential according to the ups and downs of the nervous system, there are a <u>number of acupuncture points which are very particularly related to the nervous system</u> because they manifest the electrical potential of the nerve ganglia and plexuses, of cranial nerves and spinal nerves, of the brain and brainstem, of the hypothalamus and cerebellum, of the meninges and dural tube.
- 5. Of such points, 36 are located on the hands and feet a most remarkable discovery by Dr Rheinold Voll and they open the way to very specific testing and treating of the nervous system, both somatic and autonomic.
- 6. Through them (and indeed through many others located on the head and torso) we have the key to great shortcuts in Mora as well as other forms of therapy, because here we are dealing with the very well-springs of life-giving energy with the sources of ultra-fine energy system, with the real basis of the biophysics of the human body.
- 7. <u>The higher upstream we go</u> and the closer we get to the source, the more quickly we can diagnose the trouble, the more precisely we can determine the remedy and the more effectively we can treat the person.
- 8. The highest source of all is, of course, the brain together with the spinal cord i.e. the central nervous system and that is where it seems most logical to begin: the cerebrum at GV23-2, the limbic area at GV23-1, the hypothalamus at EN (TW)22, the medulla oblongata at BL10, the Pons at BL9, the Lamina at GV17
- 9. In each hand, moreover, on the lateral side of the metacarpal of the 2<sup>nd</sup> finger there are points related to the cerebrum and brainstem, the cranial nerves and the parasympathetic ganglia of the head. Here too is a good place to begin.
- 10.In case of trouble at any brain points, I find the best treatment to be what I have dubbed "the brain drain." Simply have the client lie dorsal with the head handing comfortably over the edge of the table for about 10 minutes. This usually suffices to clear our measurable amounts of toxins from the base of the brain: perhaps mercury or a halogen compound. From the brain they go to the liver and kidneys and can easily be traced in the initial bile ductules and the nephrons (measurable on LV2a and KI 3).
- 11.Next in order of importance, is the MP for the meninges of the brain and spinal cord (the dural tube) NS 1c at the distal end of the lateral side of the proximal phalanx of each index finger. An indicator drop (ID) denotes fatty degeneration within the central nervous system (CNS) and this is measurable on the fatty tissue meridian on the medial side of the 4<sup>th</sup> toe and metatarsal. The CMP is FT (or FD) 1b.
- 12. Fat tissue degeneration is caused by faulty fat metabolism due to faulty enzyme production by the pancreas. This is measurable on PN4 and is in turn due to distortion of nerve signals from the upper mesenteric plexus, measurable on small intestine (SI) 1a on the little finger of the right hand. The measurable values for PN 4 and SI 1a are usually alike.
- 13. The shortcut for finding out why a client has faulty fat metabolism (which seems usually to bring about some form of degeneration in the central nervous system leading possibly to multiple sclerosis or a milder form of weakness in the

(iv) 102

extremities, to otherwise inexplicable headaches and backaches and to mysterious weakness in the gastro-intestinal (GI) tract or the circulatory system) is simply to test antidotes for various toxins against SI 1a on the right hand. The antidotes can easily be made with the Mora instrument using the D button, amplification 1 and then applied to the client through a hand electrode, on Dauer (continuous). If the antidote has been recorded (I use vitamin C tablets instead of a 30% solution of alcohol) one need only place the antidote within the etheric energy field of the client (e.g. on the lap or in the hand) to test its efficacy on the autonomic nervous system point SI 1a. I find the most frequent causes of faulty fat metabolism to be silver from amalgam fillings, fluorine from toothpaste (sometimes coupled with lead from the toothpaste tube) copper (from tap water). If a client has reversed polarity the cause can be mercury from amalgams, hypochlorous acid (from bleaches and soap powders as well as denture cleansers and fixatives) or gold.

- 14. Since so many diseases result from faulty food metabolism, I find it most useful to test the other pancreas points immediately and then try to identify the causes by testing various antidotes against the MPs for the autonomic nerve plexuses that control the various functions of the pancreas.
- 15. <u>Allergies to proteins</u>, especially dairy proteins, are most common. They are due to faulty protein metabolism because of distortion of the nerve signals from the autonomic nerve plexus which control the production of protein enzymes by the pancreas (PN 1). It is most useful to search out the offending toxins via the coeliac plexus points (St 44c) on the lateral side of the second toe. I find they often come from silver and mercury in the teeth or from one or more of the halogens (fluorine, chlorine, bromine, iodine) compounds.
- 16. <u>Arthritis (rheumatoid) comes from faulty nucleoprotein or uric acid metabolism</u> (measurable on PN 2). This is due to toxic distortion of the nerve signals from the autonomic nervous system, and it is measurable on the third finger of the left hand). I find halogen toxins most common, especially hypochlorous acid. Then mercury from the amalgams. Or even lead form toothpaste tubes.
- 17. Many people suffer from <u>faulty carbohydrate metabolism</u>. This registers on PN3. The cause can usually be discovered on MPs for the abdominal aortic plexus, on the medial side of each middle finger (CI 8). <u>Insulin production</u> (EN 1c) <u>is also controlled here</u>. Mercury, silver, gold, and cadmium may interfere.
- 18. When testing for the cause of dysfunction or malfunction of any other organ or system of the body, it is likewise quicker more precise and more effective to test the autonomic nerve plexus and ganglia points. This is a more interesting and exciting procedure and opens the way for many other shortcuts in therapy.
- 19. Whether toxins have been identified or not they must then be expelled from the body so that they do not disturb the autonomic nervous system (ANS) and further. This is accomplished through the kidneys, the bile, the lungs and the skin. Toxins which distort the ANS are usually in the deep lymphatics of the pelvis, abdomen, chest and neck or in the cerebral fluid near the base of the brain (entry via the choroid plexuses). These can usually be cleared out within about 10 minutes with appropriate exercises (leg pump, abdominal pump, chest pump, drain drain). But one must first make sure the lymph drainage points are free of hypertension. This can easily be checked on the reflex zones of the hand (webbing between thumb and forefinger) and eliminated with polarity therapy for a minute of two.
- 20.If there is a <u>nerve blockage in the cervical, thoracic, lumbar or sacral areas</u> (measurable on the lateral edge of the forefingers) this must also be attended to for successful Mora therapy. Somatic as well as autonomic nerve functions may be involved. Here again I find that reflex zone massage and polarity therapy provide good shortcuts.
- 21.Once the nervous system has been cleared of toxins or other blockages, the <u>body responds quickly and lastingly to</u> Mora, Mora Colour, Indumed and other therapies. For <u>permanent healing</u> the sources of toxins must also be eliminated (e.g. by the removal of silver, mercury, cobalt, gold from the mouth) and spinal blockages removed (e.g. by the correction of calcium metabolism). Deposits in the reflex zones (in the feet) of affected organs should also be massaged out. Sometimes too, deposits of mercury or gold remain trapped in a loop of the intestines. Massage and the marvellous food called MISO (unpasteurized) provide the shortcuts here.
- 22.At times, the shortcuts may appear rather lengthy! But in the long run they will prove to be short. It's unwise to decorate a room before the roof has been repaired.